



### **Breakfast Menus**

Breakfast Menu 1 £6 + VAT Assorted hot breakfast rolls (1 per person) Freshly baked cocktail croissants and Danish pastries (2 per person)

Breakfast Menu 2 £6 + VAT
Smoked salmon & cream cheese
Cream cheese & cucumber bagels
(1 per person)
Freshly baked cocktail croissants
and Danish pastries (2 per person)

Breakfast Menu 3 £6 + VAT Croissants filled with ham & cheese and cheese & tomato (1 per person) Fresh fruit

Breakfast Menu 4 £8 + VAT Hot breakfast baguettes (1 per person) Freshly baked cocktail croissants and Danish pastries (2 per person) Fresh fruit Skewers (2 per person)

\*Set Menu Prices are per person, Platters serve 6 to 8 people all prices exclude vat

### **Breakfast Platters**

Breakfast Baguette Platter £22
2x Bacon & Egg
2x Sausage & Egg
2x Sausage & Bacon
Served with ketchup & brown sauce sachets

Bacon Sandwich Platter £20 6x Smoked English back bacon on thick sliced white bread Served with ketchup & brown sauce sachets

Savoury Croissant Platter £15 3x Gammon Ham & Cheddar 3x Cheddar & Tomato

#### Breakfast Items

Assorted Hot Baps £3 + VAT each Egg & Bacon | Egg & Sausage | Scrambled Egg Served with ketchup & brown sauce sachet

Filled Croissants £2.50 each Cheese & Ham – Cheese & Tomato

Cocktail Pastries £2.20 per person Freshly baked cocktail croissants and Danish pastries (2 per person)

Breakfast Pastries £1.70 each
Plain Croissants | Chocolate Croissant |
Pain aux Raisin | Cinnamon Swirls |
Jam Danish

Greek Yoghurt £2.20 each Served with fruit compote or honey & granola

### Sandwich Platters

Boardroom Platter £25
2x Smoked Salmon & Cream Cheese
2x Gammon Ham, Tomato & Mustard
2x Chicken, Bacon & Avocado
2x Brie, Roasted Peppers & Basil

Vegetarian Platter £24
2x Cream Cheese & Cucumber
2x Avocado, Grilled Peppers & Lettuce
2x Houmous & Roasted Vegetables
2x Egg Mayonnaise & Cress

Countryside Platter £25
2x Cheese, Salad & Pickle
2x Roast Beef, Tomato & Horseradish
2x Chicken Pesto & Sundried Tomato
2x Tuna Mayonnaise & Cucumber

Frank's Italian Platter £24
2x Parma Ham, Mozzarella, Tomato & Basil
2x Tuna, Boiled Egg & Roasted Peppers
2x Salami & Swiss Cheese
2x Gorgonzola Cheese & Grapes

We recommend the above platters suitable for 6 / 8 people

# Speciality Bread Platters

Ciabatta Platter	£26	Wrap Platter	£22
1x Parma Ham, Mozzarella, Basil &		1x Tuna Sweetcorn & Salad	
Sundried Tomato		1x Chicken, Pesto, Sundried Tomato	o & Salad
1x Gammon Ham. Brie, Peppers &	Basil	1x Smoked Salmon, Cream Chees	
1x Chicken, Bacon & Avocado		& Cucumber	
1X Bacon, Lettuce & Tomato		1x Cajun Chicken & Red Peppers	
1x Gorgonzola Cheese &		1x Spicy Bean & Salad	
Caramelised Onions		1x Houmous & Roasted Vegetables	
1x Egg Mayonnaise, Spinach &			
Roasted Peppers		Soft Sub Platter	£25
reduced r oppore		1x Egg Mayonnaise & Cress	
Focaccia Platter	£28	1x Tuna & Cucumber	
1x Speck, Swiss Cheese & Mushro		1x Chicken & Bacon	
1x Parma Ham, Mozzarella, Basil &		1x Cheese Ploughmans	
Sundried Tomato	•	1x Ham Tomato & Mustard	
1x Salami, Cheddar Cheese & Tom	ato	1 x Prawn Cocktail	
1x Chicken, Pesto & Sundried Tom		1 X 1 Tawii Oocklaii	
1X Mozzarella Tricolore	alu	Rustic Bread Platter	£25
1x Avocado, Grilled Vegetables & R	ookot	1x Parma Ham, Mozzarella, Basil &	
TX AVOCAGO, Grilled Vegetables & R	OCKEL	1x Salt Beef & Gherkin with Honey N	
Bagel Platter	£22	1x Prawn & Crab with Iceberg Lett	
2x Smoked Salmon & Cream Chees	· -	•	uce
		1x Chicken, Bacon & Avocado	
1x Pastrami, Swiss Cheese, Gherkii	115	1x Mozzarella, Tomato & Pesto with	
& Honey Mustard Sauce	-4-	Sundried Tomatoes	
2x Mozzarella, Basil & Sundried Tom	iato	1x Red Leicester, Lettuce,	
1x Chicken, Salad & Mayonnaise		Tomato & Red Onion	
Baguette Platter £22		Cocktail Roll Platter	£20
1x Roast Chicken & Salad		3x Parma Ham, Mozzarella, Basil &	Tomato
1x Gammon Ham & Cheese		3x Chicken, Bacon & Avocado	
1x Roast Beef, Tomato & Horseradis	sh	3x Tuna & Cucumber	
1x Prawn Cocktail & Lettuce		3x Feta Cheese & Salad	
1x Red Leicester, Salad & Pickle			
1x Avocado, Roasted Peppers & Sa	alad		
, 11		Mini Bagel Platter	£22
We recommend the above platter	rs	4 x Smoked Salmon & Cream Chee	se
suitable for 5 – 6 people		4 x Pastrami Swiss Cheese & Gherl	
		2 x Ham & Cheese	
		2 x Cream Cheese & Cucumber	
		We recommend the above platters	S
		suitable for 5 – 6 people	

# Finger Buffet Menus

Menus at £8 per person

Menu 1:

Selection of assorted sandwiches Crisps & Tortilla Chips Assorted Fruits

Menu 2:

Selection of assorted baguettes Assorted vegetarian mini quiche Sausage rolls

Menu 3:

Assorted sandwiches & baguettes Assorted vegetarian samosas, spring rolls & onion bhajis Chicken goujons with BBQ dip

Menus at £10.00 per person

Menu 1:

Assorted continental breads with various fillings Butterfly prawns with sweet chilli dip Spicy chicken wings Crisps & tortilla chips

Menu 2:

Assorted sandwiches Spicy meatball skewers Assorted vegetarian samosas, spring rolls & onion bhajis Assorted fruits

Menu 3:

Assorted sandwiches & wraps Oriental king prawns Assorted vegetarian quiche Chicken goujons with BBQ dip Menus at £11 per person

Menu 1:

Assorted focaccias & sandwiches Assorted vegetarian samosas, spring rolls & onion bhajis Marinated chicken skewers Butterfly king prawns Assorted mini cakes

Menu 2:

Assorted sandwiches & wraps Thai seafood dim sum Chicken goujons with BBQ dip Oriental king prawns Assorted fruits

Menu 3:

Assorted sandwiches & baguettes Spicy meatball skewers Spinach & feta goujons Chicken tikka kebabs Assorted fruit tarts & profiteroles Finger Buffet Menus:

# Finger Buffet Menus Continued

Menus at £13.00 per person

#### Menu 1:

Assorted sandwiches & baguettes
Smoked salmon & cream cheese tartlets
Thai seafood dim sum
Oriental king prawns
Chicken goujons with BBQ dip
Fruit skewers

#### Menu 2:

Assorted sandwiches & wraps
Mozzarella, basil & cherry tomato skewers
Loaded potato skins with
cheese & jalapeños
Chicken tikka skewers
Haddock goujons with lemon breadcrumbs
Assorted fruit tarts & profiteroles

#### Menu 3:

Continental breads with assorted fillings Spicy chicken wings Assorted vegetarian quiche Assorted vegetarian samosas, spring rolls & onion bhajis Butterfly king prawns Assorted fruits Menus at £15.00 per person

#### Menu 1:

Assorted cocktail rolls & wraps
Italian pesto, rocket & roasted
vegetable pasta salad
Parma ham & melon platter
Chicken goujons with BBQ dip
Butterfly king prawns
Thai seafood dim sum with sweet chilli dip
Carrot cake

#### Menu 2:

Assorted sandwiches & wraps
Avocado & roasted pepper salad
Oriental king prawns
Mozzarella, basil & cherry tomato skewers
Marinated chicken skewers
Traditional cheese board with
grapes & biscuits
Tropical fruit kebabs

## Special Deal Menus

Special Deal 1 £7 per person

Assorted sandwiches (1 per person)
Vegetable samosas
Vegetable spring rolls
Onion Bhajis
Sausage rolls
Spicy chicken wing

Special Deal 2 £8.00 per person

Assorted Sandwiches Chicken goujons Spicy meatball kebabs Spinach & feta goujons Sausage rolls Assorted mini cakes

## Canapé Menu

Meat canapés at £1.40 each

Cocktail sausage rolls
Chicken goujons
Chicken tikka kebab £1.10 each
Marinated chicken skewers £1.10 each
Spicy chicken wings
Spicy beef & pork meatball kebabs
Chicken tikka mini naan
Cocktail sausages

Fish & seafood canapés at £1.50 each

Butterfly prawns Oriental king prawns Prawn moneybags Salmon goujons Haddock goujons with lemon breadcrumbs Thai seafood dim sum Smoked salmon & cream cheese tartlet Vegetarian Canapes at £1.00 each Paneer & red pepper skewers Assorted Indian savouries (samosas, spring rolls & onion bhajis) Vegetarian pizza Spinach & feta goujons jalapeños peppers stuffed with cream cheese Vegetarian quiche Crudités with dips Bruschetta with pesto, cherry tomato & mozzarella Houmous & grilled vegetable tartlet Vegetarian mini snack parcels Thai vegetable spring rolls

# Canapé Platter Menu

Executive Combo Platter	£28	Seafood Platter	£30
6x Thai seafood dim sum 6x Marinated chicken skewers 6x Spicy chicken wings 6x Spicy meatball kebabs 6x Oriental king prawns 6x Haddock goujons with lemon breadcrumbs	£30	6x Butterfly prawns 6x Salmon goujons 6x Haddock goujons with lemon breadcrumbs 6x Prawn moneybags 6x Garlic & parsley marinated king pra British Party Platter	wns £30
Frank's Special Combo Platter  6x Chicken goujons 6x Marinated chicken skewers 6x Butterfly prawns 6x Salmon goujons	230	6x Pork pies 8x Mini scotch eggs 8x Cocktail sausages 8x Vegetarian quiche	
6x Seafood dim sum 6x Prawn moneybags 6x Indian savouries		Butterfly King Prawn Platter  18x Butterflied king prawns marinated in garlic & parsley butter	£30
Vegetarian Combo Platter	£25	an game of percent, assues	
6x Spinach & feta goujons 6x Vegetarian Indian savouries 6x Vegetarian snack parcels 6x Pizza slices 6x Thai spring rolls 6x Stuffed jalapeño peppers			
Indian Platter	£30		
6x Vegetable samosas 6x Onion Bhajis 6x Chicken tikka skewers 6x Vegetable spring rolls 6x Paneer & pepper skewers 6x Chicken tikka mini naans			
Italian Platter	£28		
6x Marinated chicken skewers 6x Vegetarian pizza slices 6x Spicy meatball skewers 6x Parma ham & mozzarella skewers 6x Rosemary focaccia			

### Cold Fork Menu

Menu A

£18 per person

## Antipasto Platters

Antipasto Italiana

£30

Chicken breast pieces marinated in a sun-dried tomato & basil pesto Avocado & roasted pepper salad Mozzarella, tomato & basil caprese Assorted Italian crostini Italian garlic & parsley king prawns Marinated olives Cut exotic fruit

Menu B

£18 per person

Poached salmon on a bed of rocket & cucumber with a mustard & dill sauce Rice & brown lentil salad with fresh tomato & mint Pieces or marinated chicken breast Greek salad with feta cheese and houmous Open mini bagels with Parma ham & garlic mushrooms Roasted vegetable & parmesan salad Fresh strawberry cheesecake

Menu C

£18.00 per person

Selection of roasted British meats with sliced crusty bread
Prawn cocktail on a bed of iceberg lettuce topped with avocado
British cheese board with biscuits and chutneys
Roasted red pepper & avocado salad Homemade coleslaw
Chunky potato wedges with thyme & sea salt
Carrot cake

Thinly sliced Parma ham
Thinly sliced Speck, a
smoked Italian cured ham
Napoli salami
Chunks of parmesan
An assortment of sun-dried tomatoes,
grilled artichokes & olives
Crusty bread

Antipasto Contadina

£30

Sliced gammon ham Mortadella Chorizo salami Assorted Italian cheeses Mixed pickles Crusty bread

Parma Ham & Melon Platter

A platter of perfectly ripe cantaloupe melon draped in thin slices of Parma ham

Ploughmans Platter

£29

£28.50

Sliced gammon ham Mature cheddar & red Leicester cheese Sliced tomato Pickled onions Branston pickle Crusty bread

### Salad Menus

Continental Salad (V) £14.00 per bowl Mixed leaves, tomato, cucumber, grated carrot & beetroot, red peppers & spring onions

Greek Salad (V) £19.50 per bowl Mixed leaves, feta cheese, houmous, olives, tomatoes, cucumber & red onion

Mozzarella Tricolore (V) £17.50 per bowl Mixed leaves, mozzarella bocconcini, cherry tomatoes, & fresh basil

Roasted Peppers & Avocado Salad (V) £17.50 per bowl Mixed leaves, roasted red peppers & avocado

Chicken Caesar Salad £17.50 per bowl Mixed leaves, sliced chicken breast, parmesan shavings & croutons

Tuna Nicosia Salad £19.50 per bowl Mixed leaves, skipjack tuna, boiled egg, tomatoes & cucumber

Frank's Super Food Salad £21.00 per bowl
A medley of beluga lentils, bulgur wheat, red quinoa, whole wheat & toasted soya flakes mixed with edamame beans, roasted Mediterranean vegetables & parsley & dressed with olive oil and lemon juice

New Potato Salad £14.50 per bowl Baby new potatoes mixed with mayonnaise, spring onions & parsley

### Hot Buffet Menus

Traditional Homemade Italian Lasagne Slow cooked Bolognese sauce with béchamel & parmesan cheese Served with salad & crusty bread £8.00 + VAT per person

Spinach & Ricotta Lasagne (V) Ricotta cheese & spinach sauce with béchamel & parmesan cheese Served with salad & crusty bread £8.00 + VAT per person

Frank's Tortellini (V)
Pasta filled with four Italian cheeses topped with a creamy tomato & basil sauce
Served with salad & crusty bread
£8.00 + VAT per person

Spicy Meatball Pasta Slow cooked meatballs in a spicy tomato sauce Served with salad & crusty bread £8.00 + VAT per person

Rigatoni Bolognese Rigatoni pasta topped with a slow cooked Bolognese sauce Served with salad & crusty bread £8.00 + VAT per person

## Cake Menu

# Large Cake Menu

Flapjacks & Shortbread	
£1.80 per person	
An assortment of bite size flapjacks	&
millionaires shortbread	

individual Fruit Tarts & Profiteroles
£2.20
Assorted individual tarts topped with an
assortment of fruits and light profiteroles
covered with chocolate sauce

Portuguese Nata
£1.50 each
Classic Portuguese custard tart

American Muffins
£1.30 each
Assorted moist muffins in a
variety of flavours

Baby Cup Cake Platter £21.50 24 Assorted baby cup cakes

Cookie Platter £9.90 10 Assorted freshly baked cookies

Fresh Strawberry Cheese Cake (14 slices)	£24.50
Fresh Fruit Cheese Cake (14 slices)	£24.50
Alabama Chocolate Fudge Cake (16 slices)	£22.50
Carrot Cake (14 slices)	£22.50
Hazelnut Gateaux (14 slices)	£23.50
Cappuccino Torte (14 slices)	£23.50
Victoria Sponge Cake (14 slices)	£19.50
Triple Chocolate Gateaux (14 Slices)	£23.50
Bramley Apple Pie	£17.50
(14 Slices)	

# Cheese & Nibbles Menu

Cheese board with grapes & biscuits A combination of British & European cheeses with grapes and assortedbiscuits £6 per person

Crudités with Cheese A combination of British & European cheeses served with crudités & dips £3.40 per person

Chips with Dips Platter Assorted tortilla chips with salsa & cream cheese dips £8.50 + VAT per platter Flat Bread with Dips & Olives Soft flat breads sliced into pieces served with houmous, red pepper dip & marinated olives £8.00 per platter

Marinated Olives A bowl of our home marinated olives £5.50

Assorted Crisps £0.70 + VAT

Assorted Crisps & Tortillas £0.70 + VAT

# **Drinks**

Assorted Soft Drink Cans (330ml)	£1 + VAT
Tropicana Fresh Orange Juice (250ml)	£2.25 + VAT
Natural Mineral Water (0.5ltr)	£1 + VAT
Sparkling Mineral Water (0.5ltr)	£1 + VAT
Orange Juice (1ltr)	£3 + VAT
Apple Juice (1ltr)	£3 + VAT
Cranberry Juice (1ltr)	£3 + VAT
Natural Mineral Water (1.5ltr)	£2 + VAT
Sparkling Mineral Water (1.5ltr)	£2 + VAT

## Sales and Orders

Dine in Style – South East 0844 414 2972

Dine in Style – South West 0844 414 2973

Dine in Style – London 0844 414 2974